

RESOURCES

1) Maine Hospital Association/Maine Medical Association

- Maine Death with Dignity Act [P.L. 2019, Chapter 271](#)
- [Fact Sheet Summarizing Maine's Death with Dignity Act](#)
- [10-146 CMR ch 15 Adopted Emergency Rule](#), effective 9/19/19
- [Clinicians Checklist with Required State Reporting Forms](#)
- [Sample Notice](#)

2) Washington

Washington Hospital Association

- <https://www.wsha.org/our-members/projects/end-of-life-care-manual/death-with-dignity-act/>
- [Washington State Department of Health Death with Dignity Act Information](#)
- Governing Law: [RCW 70.245](#) and [WAC 246-978](#)
- [Model Do Not Allow Participation Policy](#)
- [Model Allow Participation Policy](#)
- [Checklist for Participating Providers](#)
- [Frequently Asked Questions](#)
- [Press Release – Allow Participation](#)
- [Press Release – Do Not Allow Participation](#)
- [I-1000 Text](#)
- [I-1000 Legal Analysis](#)

Washington End of Life (<https://endoflifewa.org/>)

- [Attending \(prescribing\) Physician's Checklist for Death with Dignity](#)
- [Attending \(prescribing\) Physician's Guide to the Death with Dignity Act](#)
- [Consulting Physician's Guide to the Death with Dignity Act](#)
- [Pharmacist's Guide to the Death with Dignity Act](#)
- [Recommendations for Nurses, Social Workers, and Others](#)
- [WSPA Guidelines for Mental Health Professionals¹](#)
- [Death with Dignity Act \(Patients\)](#)
- Contact MHA for access to a closed forum and/or emergency access to their Volunteer Medical Director. Please try the forum first, but if that doesn't answer all of your questions regarding the protocol for prescribing medication, you can contact them at: 206.256.1636. All contacts are strictly confidential. The protocol for prescribing medication is provided only to physicians and pharmacists.

3) California

California End of Life Option Act Task Force (<http://www.eoloptionacttaskforce.org/resources.html>)

California End of Life Option Act

- Full Text [[Download](#)]
- End of Life Option Act Fact Sheet prepared by UC Hastings College of the Law [[Download](#)]
- Coalition for Compassionate Care of California: End of Life Option Act Summary and Resources [[Link](#)]
- California Medical Association, Legal Counsel Memo on the End of Life Option Act [[Download](#)]

University of California, San Francisco

- FAQs: End of Life Option Act at UCSF [[Link](#)]

¹ The APA Resource Document on Physician Assisted Death, which is not APA policy, but is put together as a resource for members is available at: https://www.psychiatry.org/File%20Library/Psychiatrists/Directories/Library-and-Archive/resource_documents/2017-Resource-Document-on-Physician-Assisted-Death.pdf.

- Understanding Your Options at the End of Life [[Link](#)]
- "California Gov. Brown Signs Aid-in-Dying Bill into Law." Kaiser Health News. 2015 Oct 5. [[Link](#)]
- "Aid-In-Dying Advocacy Group Girds For Battles After California Victory." Kaiser Health News. 2015 Nov 18. [[Link](#)]
- Petrillo LA, Dzung E, Smith AK. California's End of Life Option Act: Opportunities and Challenges Ahead. J Gen Intern Med. 2016 Apr 25. E-pub ahead of print. [[Link](#)]
- Cain CL. Implementing Aid in Dying in California: Experiences from Other States Indicates the Need for Strong Implementation Guidance. Policy Brief (UCLA Center for Health Policy Research). 2016 May 19. [[Link](#)]
- "A New Sort of Consultant: Advising Doctors, Patients On California's Aid-In-Dying Law." Kaiser Health News. 2016 Jun 8. [[Link](#)]
- "California Readies for Aid-in-Dying Law to Take Effect" KQED Forum hosted by Michael Krasny. 2016 Jun 9. [[Link](#)]
- "Doctors Advise Caution with New End of Life Law" NBC News. 2016 Jun 9. [[Link](#)]
- Shaner DM. Ethical Analysis for Physicians Considering the Provision of Life-Ending Medication in Compliance with the California End of Life Option Act. The Permanente Journal. 2016 Jul 16. [[Link](#)]
- Nelson C. An Ethics of Permission: A Response to the California End of Life Option Act. The Permanente Journal. 2016 Aug 17. [[Link](#)]
- Mishra R. Implementing California's Law on Assisted Dying. The Hastings Center Report. 2017 Mar 16. [[Link](#)]
- Petrillo LA, Dzung E, Harrison KL, Forbes L, Scribner B, Koenig BA. How California Prepared for Implementation of Physician-Assisted Death: A Primer. American Journal of Public Health. 2017 May 12. [[Link](#)]
- Harman SM, Magnus D. Early Experience with the California End of Life Option Act: Balancing Institutional Participation and Physician Conscientious Objection. JAMA Internal Medicine. 2017 May 22. [[Download](#)]
- "Aid-In-Dying Requires More Than Just A Law, Californians Find." NPR. 2017 Jun 8. [[Link](#)]
- "There's an unforeseen benefit to California's physician-assisted death law." Los Angeles Times. 2017 Aug 21. [[Link](#)]
- "Making Sense of California's End of Life Option Act." UCSF Science of Caring. 2017 Sep. [[Link](#)]
- "De-Medicalizing Death." Health Affairs Blog. 2017 Sep 28. [[Link](#)]
- "Characterizing Kaiser Permanente Southern California's Experience with the California End of Life Option Act in the First Year of Implementation." JAMA Internal Medicine. 2017 Dec 26. [[Download](#)]
- California State Assembly Select Committee on End of Life Health Care Informational Hearing: The Implementation of the End of Life Option Act. 2018 Jan 24. [[Link](#)]
- California Joins States That Would Evict Veterans Who Seek Aid-In-Dying Option. California Healthline. 2018 Feb 13. [[Link](#)]

Experience in Other States and Jurisdictions

Oregon

- The Oregon Death with Dignity Act: A Guidebook for Health Care Professionals prepared by The Task Force to Improve the Care of Terminally-Ill Oregonians [[Download](#)]
- Tolle SW, Tilden VR, Drach LL, Fromme EK, Perrin NA, Hedberg K. Characteristics and proportion of dying Oregonians who personally consider physician-assisted suicide. J Clin Ethics. 2004 Summer;15(2):111-8. [[Link](#)]
- Comment by: Ganzini L, Dobscha SK. Clarifying distinctions between contemplating and completing physician-assisted suicide. J Clin Ethics. 2004 Summer;15(2):119-22. [[Link](#)]
- Lee MA, Tolle SW. Oregon's assisted suicide vote: The silver lining. Ann Intern Med. 1996 Jan 15;124(2):267-9. [[Link](#)]
- Miller LL, Harvath TA, Ganzini L, Goy ER, Delorit MA, Jackson A. Attitudes and experiences of Oregon hospice nurses and social workers regarding assisted suicide. Palliat Med. 2004 Dec;18(8):685-91. [[Link](#)]

- Hedberg, K, Hopkins, D, Kohn, M. Five Years of Legal Physician-Assisted Suicide in Oregon. *N Engl J Med* 2003; 348:961-964. [[Link](#)]

Washington

- Example Policies:
 - Opt-out
 - ◆ Providence Health Care [[Link](#)]
 - Opt-in
 - ◆ Olympic Medical Center [[Link](#)]
 - ◆ UW Medicine: Harborview Medical Center [[Link](#)]
 - ◆ Grays Harbor Community Hospital [[Link](#)]
- Other policies available at: <http://endoflifewa.org/hospitals/>
- University of Washington Physician Aid in Dying Q&A Fact Sheet prepared by Helene Starks, Denise Dudzinski, and Nicole White [[Download](#)]
- Starks H, Pearlman RA, Hsu C, Back AL, Gordon JR, Bharucha AJ. Why now? Timing and circumstances of hastened deaths. *J Pain Symptom Manage*. 2005 Sep;30(3):215-26. [[Link](#)]
- Starks H, Back AL, Pearlman RA, Koenig BA, Hsu C, Gordon JR, Bharucha AJ. Family member involvement in hastened death. [[Link](#)]
Death Stud. 2007 Feb;31(2):105-30. [[Link](#)]
- Bharucha AJ, Pearlman RA, Back AL, Gordon JR, Starks H, Hsu C. The pursuit of physician-assisted suicide: role of psychiatric factors. *J Palliat Med*. 2003 Dec;6(6):873-83. [[Link](#)]
- Pearlman RA, Hsu C, Starks H, Back AL, Gordon JR, Bharucha AJ, Koenig BA, Battin MP. Motivations for physician-assisted suicide. *J Gen Intern Med*. 2005 Mar;20(3):234-9. Erratum in: *J Gen Intern Med*. 2005 May;20(5):485. [[Link](#)]
- Loggers ET, Starks H, Shannon-Dudley M, Back AL, Appelbaum FR, Stewart FM. Implementing a Death with Dignity program at a comprehensive cancer center. *N Engl J Med*. 2013 Apr 11;368(15):1417-24. [[Link](#)]
- Back AL, Starks H, Hsu C, Gordon JR, Bharucha A, Pearlman RA. Clinician-patient interactions about requests for physician-assisted suicide: a patient and family view. *Arch Intern Med*. 2002 Jun 10;162(11):1257-65. [[Link](#)]
- University of Washington Physician Aid in Dying Q&A Fact Sheet prepared by Helene Starks, Denise Dudzinski, and Nicole White [[Download](#)]

Canada

- "U of T Experts Offer Recommendations on Physician-Assisted Dying; JCB Task Force Releases Report on Physician-Assisted Death in Canada" [[Announcement](#)]
- Provincial-Territorial Expert Advisory Group on Physician-Assisted Dying: Final Report [[Download](#)]
- *Carter v. Canada (Attorney General)*, 2015, SCC 5, a unanimous decision of the full Court delivered February 6, 2015. (In *Carter*, the Supreme Court of Canada declared that the absolute criminal prohibition of physician assisted death (PAD) was unconstitutional). [[Link](#)]
- After *Carter v. Canada*: Physician Assisted Death in Canada Report and Recommendations prepared by University of Toronto Joint Centre for Bioethics (JCB) Task Force on Physician Assisted Death [[Download](#)]
- Goals, Principals and Recommendations: Legislations Governing Assisted Suicide prepared by the Council of Canadians with Disabilities [[Download](#)]
- Li M, Watt S, Escaf M, Gardam M, Heesters A, O'Leary G, Rodin G. Medical Assistance in Dying - Implementing a Hospital-Based Program in Canada. *N Eng J Med*. 2017 May 25. [[Link](#)]
- Quinn KL, Detsky AS. Medical Assistance in Dying: Our Lessons Learned. *JAMA Internal Medicine*. 2017 Sep 1. [[Link](#)]

Related Studies and Commentaries

- Death, Dying, and End of Life. *JAMA*. January 19, 2016; Volume 315, Number 3. [[Link](#)]
- Quill TE, Meier DE, Block SD, Billings JA. The debate over physician-assisted suicide: empirical data and convergent views. *Ann Intern Med*. 1998 Apr 1;128(7):552-8. [[Link](#)]

- Quill TE. Doctor, I want to die. Will you help me? JAMA. 1993 Aug 18;270(7):870-3. [[Link](#)]
- Emanuel EJ, Fairclough DL, Emanuel LL. Attitudes and desires related to euthanasia and physician-assisted suicide among terminally ill patients and their caregivers. JAMA. 2000 Nov 15; 284(19). [[Link](#)]
- Orentlicher D, Pope TM, Rich BA. Clinical Criteria for Physician Aid in Dying. J Palliat Med. 2016 Mar;19(3):259-62. [[Link](#)]
- Bascom PB, Tolle SW. Responding to requests for physician-assisted suicide: "These are uncharted waters for both of us...". JAMA. 2002 Jul 3;288(1):91-8. [[Link](#)]
- "Pharmaceutical Company Has Hiked Price On Aid-In-Dying Drug." Kaiser Health News. 2016 Mar 28. [[Link](#)]
- "Aid-In-Dying: Not So Easy." Kaiser Health News. 2016 May 5. [[Link](#)]
- "Terminally Ill Patients Don't Use Aid-In-Dying Laws to Relieve Pain." Kaiser Health News. 2016 Oct 16. [[Link](#)]
- "In Colorado, A Low-Price Drug Cocktail Will Tamp Down Cost of Death With Dignity." Kaiser Health News. 2016 Dec 19. [[Link](#)]
- "Legalizing Aid in Dying Doesn't Mean Patients Have Access To It." NPR. 2017 Jan 25. [[Link](#)]
- "Right-To-Die Fight Hits National Stage." Kaiser Health News. 2017 Feb 16. [[Link](#)]
- "Docs in Northwest Tweak Aid-In-Dying Drugs To Prevent Prolonged Deaths." Kaiser Health News. 2017 Feb 21. [[Link](#)]
- Buchbinder M. Aid-in-dying laws and the physician's duty to inform. Journal of Medical Ethics. 2017 Mar 21. [[Link](#)]
- "A Growing Movement of 'Death Doulas' is Rethinking How We Die." Huffpost. 2017 Jun 5. [[Link](#)]
- "Should I Help My Patients Die?" The New York Times. 2017 Aug 5. [[Link](#)]
- "When the option is the end of life." The Lancet United States of Health Blog. 2017 Aug 30. [[Link](#)]
- "My wife chose to end her life after battling cancer. Now I fight for others to have that choice." Vox. 2017 Sep 21. [[Link](#)]
- "People with disabilities often fear they're a burden. That's why legal assisted suicide scares me." Vox. 2017 Sep 21. [[Link](#)]
- "New 'Instructions' Could Let Dementia Patients Refuse Spoon-Feeding." Kaiser Health News. 2017 Nov 3. [[Link](#)]
- "Aid-in-dying advocates target next battleground states." CNN. 2018 Jan 25. [[Link](#)]
- Ahaddour C, Van den Branden S, Broeckaert B. "God is the giver and taker of life": Muslim Beliefs and Attitudes Regarding Assisted Suicide and Euthanasia. AJOB Empirical Bioethics. 2018 Jan 29. [[Link](#)]
- Lo, B. "Beyond Legalization — Dilemmas Physicians Confront Regarding Aid in Dying." N Engl J Med. 2018 May 31. 378 (22): 2060-2062. [[Link](#)]

4) Advance Care Planning & Palliative Care (also please see Hawaii below)

- California Academy of Family Physicians: End-of-Life Conversations Program [[Link](#)]
- Dying in California: A Status Report on End-of-Life Care prepared by Kelley Queale and Kate Meyers [[Download](#)]
- *The End of Life Radio Project* Series Produced by JoAnn Mar [[Link](#)]
 - Podcast topic on "Advance Care Planning" [[Listen here](#)]
 - Podcast topic on "Music at the End of Life" [[Listen here](#)]
- Health Affairs. Special Issue: Advanced Illness & End-of-Life Care. 2017 Jul. [[Link](#)]
- End Well Symposium - Design for the End of Life Experience. December 7, 2017 in San Francisco. [[Link](#)]
- Amazing Care Network. [[Link](#)]
- Home Care and Hospice Alliance of Maine [webinar](#) and shared resources: [Task Force Questions](#), [EOL Option Act Policy Statement](#), [EOL Option Act Protocol](#) and [Dignity Death and Dilemmas](#).

5) California Hospital Association

- Sample hospital [policy](#) opting to participate in California's End of Life Option Act
- Sample hospital [policy](#) opting out of participation in California's End of Life Option Act

- The relevant [webpage](#) of a hospital system that opted in to participation
- Medscape article: [Physician-Assisted Dying: Even When Legal, Difficult to Achieve](#)

6) Oregon

[Oregon Death with Dignity Guide](#) (Chapter titles listed below)

- Purpose of the Guidebook
- The Meaning Behind the Patient’s Request
- Conscientious Practice
- Hospice, Palliative Care, and Comfort Care
- Patient Rights and Responsibilities
- Family Needs and Concerns
- Attending Physician and Consulting Physician
- The Role of Other Health Care Professionals
- Mental Health Consultation
- Pharmacists and Pharmacy-Related Issues
- Emergency Department and Emergency Medical Services
- Responding to Professional Non-Compliance
- Financial Issues
- Oregon Department of Human Services Reporting
- Liability and Negligence

Appendix A: The Oregon Death with Dignity Act

Appendix B: Oregon Department of Human Services Reporting Documents

Appendix C: Advance Directives and Physician Orders for Life-Sustaining Treatment

Appendix D: The Final Months of Life: A Guide to Oregon Resources

Appendix E: Oregon Medical Board Statement of Philosophy

Appendix F: Sample EMS Protocol

Appendix G: Organizational Statements and Disclaimers

Appendix H: Definitions

7) Healthcare Association of Hawaii

- Medical Aid in Dying Policy Template—[Hospice](#)
- Medical Aid in Dying Policy Template—[Non-Hospice Facility](#)

8) New Jersey Hospital Association

- [Memo to NJHA members on requirements for providers, patients and facilities concerning the Medical Aid in Dying for the Terminally Ill Act](#)
- [A Copy of the Act](#)
- [NJ DOH MAID Resources](#)
- [Template Policy: Opting-Out of Medical Aid in Dying for the Terminally Ill *](#)
- [Template Hospital Policy: Medical Aid in Dying for the Terminally Ill *](#)
- [Template Hospice Policy: Medical Aid in Dying for the Terminally Ill *](#)
- [Template Nursing Home/Assisted Living Policy: Medical Aid in Dying for the Terminally Ill *](#)
- [NJ DOH Fillable PDF Request for Medication to End My Life in a Humane and Dignified Manner and Declaration of Witnesses](#)
- [NJ DOH Attending Physician Compliance Form](#)
- [NJ DOH Attending Physician Follow Up Form](#)
- [NJ DOH Consulting Physician Compliance Form](#)
- [NJ DOH Mental Health Professional Compliance Form](#)
- [NJ DOH Medication Dispensing Form](#)
- [Recording of July 9 NJHA webinar on Medical Aid in Dying for the Terminally Ill Act](#)

- [Power Point slides from July 9 webinar](#)
- [Compassion & Choices Brochure: Doc2Doc](#)
- [Compassion & Choices Brochure: Pharmacist2Pharmacist](#)
- [Journal of Palliative Medicine: Clinical Criteria for Physician Aid in Dying](#)
- [NIH Supplemental Data](#)
- [N.J. Law Journal: Death with Dignity: The Basics of NJ's Medical Aid in Dying Law](#)

** These policies are suggested templates that should be reviewed and adapted by organizations to align with their culture, philosophy and perspectives.*