



**Maine Hospital Association**  
*Representing community hospitals and the patients they serve.*

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**TO:** Allied Professional Society Presidents  
**FROM:** Carol M. Sinclair, Director of Education  
**DATE:** April 19, 2017  
**RE:** **2017 Summer Forum and 27<sup>th</sup> Annual Professional Societies Recognition Luncheon**

The Maine Hospital Association is pleased to announce that the **27<sup>th</sup> Annual Professional Societies Recognition Luncheon** has been scheduled for **Thursday, June 22, 2017** from 12:00 p.m. until 1:30 p.m. at the Samoset Resort in Rockport. The awards luncheon is once again being held in conjunction with MHA's Summer Forum, which runs from Wednesday, June 21 to Friday, June 23.

The awards luncheon is a great opportunity to recognize healthcare professionals who have made significant contributions to their hospitals and professional organizations. Attached is an electronic version of the nomination form for you to fill out and return to MHA with the name of the award recipient your organization would like to recognize. MHA will acknowledge each recipient with a special award this year so will need to receive all nominations by **Friday, June 2<sup>nd</sup>**. The nomination form can also be found on the Summer Forum page of MHA's website ([www.themha.org](http://www.themha.org)).

In addition to the awards luncheon, we invite you to participate in all or part of our Summer Forum activities. We are offering a special **Allied Conference Option** once again this year. For a registration fee of **\$80** per person, members of your society may attend the morning presentations on Thursday as well as the awards luncheon.

We are excited to announce this year's line-up, featuring some of the country's most prominent speakers on some of the most pressing healthcare topics. Thursday's speakers include:

- **J. Bryan Sexton, Ph.D.**, Associate Professor and Director of Patient Safety Research and Training at Duke University Health System and one of the country's leading experts on caregiver burnout and resilience. He will kick off our conference with his keynote, *Thriving vs. Surviving: Enhancing Caregiver Resilience*;
- **Regina Holliday**, author, artist, patient advocate and founder of the Walking Gallery. Regina's advocacy mission was inspired by her husband's struggle to get appropriate care during his battle with cancer. During her session, Regina will share her story, how it can be used to improve care and how it inspired her to use painting as a catalyst for change; and
- Former U.S. Army Ranger, author and country music artist **Keni Thomas** will present *Train as you Fight, Fight as you Train and Lead by Example*. As a former United States Army Ranger in the now famed "Blackhawk Down" mission, Keni will share his story of courage and leadership from the battlefield and beyond, illustrating the power of leading by example at all levels.

In registering, we ask that each society handle registrations for their members by submitting **ONE** group registration (form attached) to MHA along with payment for the entire group. A list of registrations must be received by **Friday, June 2<sup>nd</sup>** in order to guarantee space for your participants. If necessary, payment can be made at a later date; it is most important that we know who will be attending.

Finally, as a service to allied groups who attend, MHA also offers meeting room space at the Samoset on Thursday afternoon for business meetings or educational programs of your own. There is no cost for this service. Should you require meeting space, please fill out the attached request form and return to Leslie Gagne at [lgagne@themha.org](mailto:lgagne@themha.org) or by fax to 622-3073. As meeting space is limited, we encourage you to submit your requests as soon as possible, **but no later than June 2<sup>nd</sup>**.

I hope you will all take advantage of the opportunities offered at this year's Summer Forum. If you have any questions, please do not hesitate to contact me or my assistant, Leslie Gagne, at 622-4794. You can also reach us by email at [csinclair@themha.org](mailto:csinclair@themha.org) and [lgagne@themha.org](mailto:lgagne@themha.org). We look forward to seeing you at the Samoset.

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33 Fuller Road, Augusta, Maine 04330  
Phone: 207-622-4794 Fax: 207-622-3073  
Web site: [www.themha.org](http://www.themha.org)

**2017 Summer Forum**  
**June 21-23, 2017**  
**The Samoset Resort, Rockport**

**Special Allied Conference Option**  
**Thursday, June 22**

**Schedule of Events**

7:30 a.m. **Registration**

8:00 a.m. **General Sessions:**

(Detailed session descriptions included on next page)

✓ ***Thriving vs. Surviving: Enhancing Caregiver Resilience***

J. Bryan Sexton, PhD

✓ ***Advocating for the Patient: Using My Story to Improve Patient Safety***

Regina Holliday

✓ ***Train as You Fight, Fight as You Train and Lead by Example***

Keni Thomas

12:00 p.m. **Twenty-Seventh Annual Allied Professional Societies Recognition Luncheon**

1:30 p.m. **Allied Association Business Meetings (optional)**

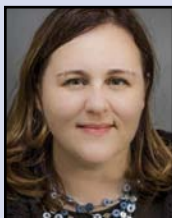


## THIS YEARS' SPEAKERS

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J. Bryan Sexton, PhD



Regina Holliday



Keni Thomas

## Thursday, June 22

8:00 a.m. - 9:45 a.m.

### ***Thriving vs. Surviving: Enhancing Caregiver Resilience***

**J. Bryan Sexton, PhD, Associate Professor and Director of Patient Safety Research and Training at Duke University Health System**

Stressed? Anticipating even more work demands on your attention, time and energy? The growing consensus in peer reviewed literature is that burnout levels in healthcare workers are reaching a breaking point. Against the backdrop of health reform and economic uncertainty, resilience is even further compromised. Before busy and often overwhelmed caregivers can care about quality, they need to care about their work; and before they can care about their work, they need to take better care of themselves. During our opening session, Dr. Bryan Sexton, one of the country's foremost experts on caregiver burnout and resilience, will review the prevalence and severity of burnout, describe approaches to fatigue management, and provide tools and tactics to enhance resilience.

10:00 a.m. - 11:00 a.m.

### ***Advocating for the Patient: Using My Story to Improve Patient Safety*** Regina Holliday, author, artist, speaker, patient advocate and founder of the Walking Gallery

Regina Holliday, a Maryland-based patient advocate and artist known for painting a series of murals depicting the need for clarity and transparency in medical records, will share her experience caring for her husband Fred and his struggle to get appropriate care during a battle with cancer. Fred ultimately lost his life to cancer but never lost hope that patients and caregivers can help make the system better for other families. Backed by her own patient and caregiver experiences, Regina will address ways of improving the quality of healthcare delivery, as well as ways to enhance patient safety.

11:00 a.m. - 12:00 p.m.

### ***Train as You Fight, Fight as You Train and Lead by Example***

**Keni Thomas, former United States Army Ranger, author and country music artist**

As a former United States Army Ranger who served in the now famed "Blackhawk Down" mission, Keni Thomas will share his story of courage and leadership from the battlefield and beyond. His firsthand account of how extraordinary soldiers fought to bring each other home in the worst urban combat episode the United States has seen since World War II, illustrates the power of leading by example at all levels, regardless of rank or station. A recipient of the Bronze Star Medal for Valor and graduate of the University of Florida, Keni has pursued a successful country music career since leaving the Army and is the author of *Get it On! What it Means to Lead the Way*.

# 27<sup>th</sup> Annual Professional Societies Recognition Luncheon

Thursday, June 22, 2017  
MHA Summer Forum  
Samoset Resort, Rockport, ME

## ◆ Nomination Form ◆

*Please ensure accuracy as this text will be used as script for the award presentation.*

Information Regarding Society	
Society Name (please list full name):	
Contact Person:	
Organization:	
Telephone:	Email:
Briefly Describe Society's Mission:	
Briefly Describe Award:	

Information Regarding Award Recipient			
Name:		Title:	
Organization:			
Address:	City:	State:	Zip:
Telephone:	Email:		

Describe why the recipient was selected, noting his or her length of service, level of commitment, major strengths and accomplishments:
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Information Regarding President (or designated representative) of Society who will present the award (no speaking involved). Please register on attached Allied Registration form.			
Name:		Title:	
Institution:		Email:	
Address:	City:	State:	Zip:

Other invited Guests: (Please register on attached Allied Registration form)		
Name:	Title:	Organization:
Name:	Title:	Organization:

## **IMPORTANT**

*Please register the above award recipient, award presenter and other invited guests (if applicable) using the **Allied Option/Allied Recognition Luncheon Registration** form in your packet. There is a **\$25** per person charge for attending the luncheon (Package B) and an **\$80** per person charge for the Allied Conference Option (Package A).*

***Please note that the award recipient's lunch will be complimentary.***

**Please email nomination form to [csinclair@themha.org](mailto:csinclair@themha.org).**

**If preferred, it can be mailed to:**

**Maine Hospital Association, Attn: Leslie Gagne, 33 Fuller Road, Augusta, Maine 04330**

**Deadline for Submission of Nomination Form is Wednesday, May 31.**

If you have any questions or need an extension on the deadline, please email Leslie Gagne ([lgagne@themha.org](mailto:lgagne@themha.org)) or Carol Sinclair ([csinclair@themha.org](mailto:csinclair@themha.org)) or call 207/622-4794.



## 2017 Summer Forum Meeting Room Request Form

PLEASE USE THIS FORM IF YOUR ASSOCIATION IS PLANNING  
TO HOLD A MEETING AT THE SAMOSET IN CONJUNCTION  
WITH THE 2017 SUMMER FORUM

### Allied Association Business Meeting Thursday, June 22, 2017

Association \_\_\_\_\_

Contact Person for Business Meeting: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax Number: \_\_\_\_\_ Email: \_\_\_\_\_

Meeting time: \_\_\_\_\_ # of People: \_\_\_\_\_ Room Preference: \_\_\_\_\_

*(We suggest 1:30 p.m. upon conclusion of awards luncheon)*

Room Set-Up:     Classroom                       Theater  
                      Rounds                                 U-Shaped  
                      Hollow Square                       Other \_\_\_\_\_

Please check audiovisual needs\*:

Flip Chart w/ markers  
 LCD Projector & Screen  
 Other \_\_\_\_\_

Please list your food & beverage requirements\*: \_\_\_\_\_

**\*NOTE:** MHA will provide the meeting room space at no charge. *Each association is, however, responsible for any audiovisual equipment or food & beverage ordered. These items will be billed to each society after the conference.*

Please complete and return by June 2, 2017 to Leslie Gagne via  
email: [lgagne@themha.org](mailto:lgagne@themha.org) or fax: 207/622-3073.

**MEETING SPACE IS LIMITED SO RESERVE YOURS EARLY!**